

Code of Conduct for Swimmers



This document is for swimmers and their parents in Thornaby Amateur Swimming Club. We request it is read jointly between parents and swimmers with particular attention being paid to the consequences of any breach of rules.

Breach of Rules:

When a swimmer behaves in a manner which violates any rules of the club then sanctions may apply. For those swimmers less than 18 years of age, a letter will be sent home to parents detailing the breach. For serious or persistent breaches of rules there is the possibility of temporary or permanent exclusion from Thornaby Amateur Swimming Club. We ask that the rules are adhered-to and hope that if the committee, coaching and teaching staff, parents and swimmers work together, the rules will be beneficial for the successful running of the Club.

At all times all swimmers must maintain the following principles:

- *Respect* all individuals;
- Be *polite* and *helpful* at all times;
- Work as a *team*, do not take any actions to damage the team or cause division within the club;
- Maintain *friendly* and *courteous* relationships with all individuals;
- Work to the *best of your ability* at all times;
- Accept that mistakes are made by all individuals, do not dwell on these but learn from them;
- Take *responsibility* for yourself, your property and your actions;
- Accept that *coaches decisions are final* and remember all decisions are made to benefit the squad and swimmers;
- *Observe correct lane etiquette* at all times; do not push, pull or impede any other swimmer;
- Ask before leaving the poolside;
- *Attend* the required amount of sessions for your squad;
- *Learn to use the clock*;
- *Leave the poolside* immediately after training is finished.

In addition when representing Thornaby Amateur Swimming Club at competitions we expect the following behaviour from all swimmers:

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- *Wear seatbelts* whilst being transported to and from galas, **the club will not be held responsible if swimmers fail to do so**;
- Stay with the coaching staff and team managers;
- Never partake in any anti-social behaviour such as bullying, fighting, name calling etc;
- Attend all competitions in club kit;
- Show team spirit and encourage other swimmers;
- Visit your coach before and after a race.

Under no circumstances will the following behaviour be tolerated:

- Drinking alcohol;
- Physical violence or threatening behaviour;
- Damage to property or theft;
- Sexist or racist behaviour;
- Smoking;
- Being in possession of, taking or selling illegal substances.

I agree to the Code of Conduct detailed above and agree to adhere to all rules outlined. If I do not comply with the rules set out by Thornaby Amateur Swimming Club I understand the consequences of such actions

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| Signed (Swimmer) | <u>{!tasc.swimmersignature sigi 175!}</u> | Date | <u>{!tasc.swimmersignature sigd!}</u> |
| Signed (Parent if under 18) | <u>{!tasc.parentsignature sigi 175!}</u> | Date | <u>{!tasc.parentsignature sigd!}</u> |

