



Dear Parents and Swimmers,

Massive well done to the Diddy League swimmers who made it through to the final which was held last Sunday in South Shields.

All the swimmers did both themselves and the club proud and we had the added bonus of winning the fancy dress parade prize!

Thank you to all the swimmers and their parents who have given up 4 Sundays and worked so hard to achieve this!

Lots of info on this month's newsletter including ways you can help – please let me know asap if you are interested in the timekeeper course (see Helpers).

~ Matthew

## CLUB SPONSORED SWIM

Well done and thank you to all swimmers who took part in the club sponsored swim!



Please ensure you return your sponsor forms and money by Tues 7<sup>th</sup> July to Sandy or Amy.

Once it is all collected we will announce the grand total raised for Butterwick House Children's Hospice

## SWIMMER OF THE MONTH



**Amrit Muirhead**

**\*\*\*Well Done\*\*\***

## HELPERS

TASC are looking for helpers and there are a number of ways **you** can get involved!

If you are aged 14+ you can be a poolside or in-water helper. This is ideal experience if you are interested in coaching but is open to anyone who is interested.

Anyone aged 16+ can take part in a training course on 8<sup>th</sup> July to become a qualified timekeeper and level 1 judge meaning you can help at Galas both interclub and in-club.

For more information on either of these, please speak to Matthew.

## MEMBERSHIP

Please ensure that you inform the club of any personal information changes, especially medical information and emergency contacts.

## POOL SESSIONS

Please ensure that swimmers are on the poolside with their equipment before the start time of their session, ready to start promptly – swimmers arriving late or unprepared lose out on valuable warm up time.

## BOSSS COMMITTEE REP

As a BOSSS base club, TASC hold a place on the committee. If you are interested in representing TASC at the BOSSS committee, please speak to Carina or Matthew for more information.

## WISH TOKENS

To help us raise money to support the club, we are once again taking part in the Sporting Wish Campaign.



Please ask all your friends, family, neighbours, the postman.... to collect the tokens which are printed in the Evening Gazette. Hand your tokens in to Sandy and Carole.

## FIND US ONLINE

To keep up with the latest news and information from Thornaby ASC, check the in-club notice board or find us online:

Facebook:

[www.facebook.com/groups/thornabyswimclub](http://www.facebook.com/groups/thornabyswimclub)

Twitter:

@ThornabyASC

[www.thornabyasc.co.uk](http://www.thornabyasc.co.uk)

The website is still under construction but will soon be a really useful source of club and swimming-related information

## JEWELLERY AND WATCHES

Please ensure that swimmers remove jewellery and watches before swimming and store them securely. Small stud earrings may be worn but if possible please remove them or cover with a plaster/tape.

TASC and Thornaby Pool can not take any responsibility for items which are lost or damaged. In addition there are a number of safety reasons why jewellery should not be worn including injury to self or others. Locker keys ideally should also not be worn.