

Thornaby Amateur Swimming Club



Newsletter - October 2017

Dear Parents and Swimmers,

Well done to all swimmers who have taken part in the time trials over recent weeks - there have been some fantastic performances put in! Swimmers will be advised if they are being invited to take part in the annual Gala on Friday 24th November. If you are invited but can't take part, please let me know as soon as possible so that your place can be offered to a reserve swimmer. Good luck to everyone taking part and most importantly, enjoy it!

~ Peter

Important Reminders

Hydration

Hydrated before, during and after a pool session is important. Please ensure you have a bottle of water or still juice on the pool side. Fizzy drinks and hot drinks are not permitted.

Jewellery/Watches

Jewellery and watches should not be worn in the pool - they can become caught on lane barriers, other swimmers etc and small items such as earrings may be sucked into the filter and become lost.

Personal Belongings

TASC and Thornaby Pool cannot take any responsibility for belongings. Please use a locker to store clothing and other items.

Photography

Photography is not permitted.

Kit Bags and T-Shirts

Club T-shirts and Kitbags containing are available to purchase

T-shirts are encouraged for Galas.

Swimmer of the Month



October - Ayla Littler

*** Well Done ***

Diary Dates

NOV

1 - AGM

24 - Annual Gala

DEC

29 - Christmas Party

Christmas Party

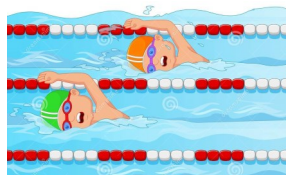
Tickets will be on sale shortly for our Christmas Party which will take place on
Fri 29th
December - all
welcome!



Annual Gala

The TASC Annual Gala takes place on Friday 24th November at Thornaby Pool.

The swimmers recording the fastest times during the time trials will be notified and invited to take part.



If your swimmer is taking part, please ensure they are at the pool by 6pm.

Spectators are welcome, a small entry fee is payable on the night.

Thornaby ASC AGM

The Thornaby Amateur Swimming Club AGM will take place on **Wed 1st Nov** at **7pm** at **Thornaby Pool**.

If you want to find out more about how the club is run or even get involved, then join us for the Annual General Meeting.



Club Trophies

If you were awarded a trophy at the 2016 Club Gala, please return this by Fri 10th November ahead of this year's gala.

Please note, it is for parents to get the trophies engraved.

Raffle Prizes Needed

As usual, we will be holding a raffle at the annual Gala. If you have any items which are suitable to be used as prizes, please donate them via Carole and Sandy.



Money raised goes into club funds to support your swimmers.

Helpers

We're looking for poolside helpers (aged 14+) to support the coaching team!

Whether you want to give a little back to the club or are looking for experience and progression opportunities, we'd love to hear from you! Speak to Carina or Peter for more information!

Kit bags

Kit bags containing float, pull buoy etc are available to purchase. These are highly recommended especially for Mon/Thurs/Fri swimmers.

Tesco Bags for Life

Thank you to everyone who voted for us in the Tesco Bags for Life promotion - we came 2nd and won £2000 for the club!