



Dear Parents and Swimmers,

It's an exciting time of year as the Diddy League (for swimmers aged 9-12 years old) is underway and the Moors League is about to start –this is our first year competing in the Moors League and we are looking forward to our swimmers experiencing this new opportunity! We've already had our first Diddy League fixture where the children swam brilliantly and achieved a secure 5th place. Considering several of them have never competed in a gala, they deserve to be very proud of themselves.

Please see the separate letter regarding the Moors League - we hope that you are able to give the amazing level of support that you usually do!

Finally, good luck to everyone taking part in the sponsored swim - above all, have fun!

~ Matthew

Diary Dates

March

15 - Comic Relief Swim

18 - Comic Relief Swim

19 - Moors League – Redcar

25 - Bank Holiday – Club Closed

28 - Bank Holiday – Club Closed

April

10 - Diddy League – Darlington

16 - Moors League – Eston

23 - Moors Ability Gala - Eston

May

02 - Bank Holiday – Club Closed

08 - Diddy League – Billingham

14 - Moors League – Redcar

30 - Bank Holiday – Club Closed

June

18 - Moors League – Bedale

Comic Relief Sponsored PJ Swim

On **Tuesday 15th** and **Friday 18th March**, TASC will be holding a sponsored pyjama swim.



All swimmers are invited to take part and all money raised will go to the Sport Relief appeal.

Swimmers of the Month



Melina Haste & Ben O'Connel

*** Well Done ***

Important Notice - Parking

Please ensure that you park only in the marked bays when using the car park.



If there are no spaces left then alternative parking can be found in Kwikfit carpark (when they are closed) or in the surrounding streets (with consideration for residents).

Thank you for your cooperation.

Raffle Prizes

To help support TASC's fundraising, please can you donate any items suitable as raffle prizes. Thank you!



Masters BLDSA Swim

On Thursday 25th February, the Masters took part in the British Long Distance Swimming Association's Postal Swim where they were challenged to swim the longest distance they could in one hour.



10 swimmers took part with distances achieved between 1700m and 2950m!

Well done to everyone who took part!

Changing Rooms

The family change areas are for younger children with their parents. Please can older swimmers use the normal changing rooms.

Asda Community Fund

When shopping in Asda Thornaby don't forget to get a green token and pop it in the box on the board for TASC!



If we collect the most tokens, we will receive £200 for the club!

Kit Bags

There are a limited number of kitbags available for the club-price of £20.

Contains: kick-board, pull buoy, fins, logo'd water bottle and cap plus the poolside bag.

Please see Carole or Sandy on the sign-in desk for more information.

Hydration and Jewellery

Hydration is important before, during and after swimming. Please ensure that your swimmer has a water bottle on the poolside. No fizzy drinks.



To minimise the risk of injury, no jewellery should be worn in the pool. This includes watches.

Diddy League

Well done to the 26 swimmers who represented TASC in the Diddy League at Stanley on Sunday 13th March!

They all swam brilliantly and should be proud of themselves!