Thornaby Amateur Swimming Club

Head Coach Matthew Price Tel: 07795227769

Email: price859@hotmail.com



Newsletter - May 2016

Dear Parents and Swimmers,

Can you believe it is May already? The Diddy and Moors leagues are well underway and our swimmers are showing the rest of the North East their ability, determination and professionalism. We've high hopes of reaching the final in both leagues so get practising your cheering for Thornaby!

~ Matthew

Diary Dates

May

- 02 Bank Holiday Club Closed
- 08 Diddy League Billingham
- 14 Moors League Redcar
- 30 Bank Holiday Club Closed June
- 12 Diddy League North Tyneside
- 18 Moors League Bedale

Moors League Report

The recent Moors League fixture hosted by Thornaby Amateur Swimming Club at Eston Pool was a big success - made possible by the support of our swimmers, parents and volunteers!

Thank you to everyone who helped out, donated raffle prizes and baked cakes the money raised goes into club funds.

In addition, on 23rd April, 3 swimmers took part in the Ability Gala where they competed to set their ASA recognised times or to try and beat times they have previously set. Well done!

Important Notice - Parking

Please ensure that you park only in the marked bays when using the car park.



If there are no spaces left then alternative parking can be found in Kwikfit carpark (when they are closed) or in the surrounding streets (with consideration for residents).

Thank you for your cooperation.

Comic Relief Sponsored PJ Swim

Thank you to everyone who took part in the sponsored swim in March!



Please return your sponsor money as soon as possible.

Membership Fees

The deadline for payment of annual membership fees was the end of March. If you have not paid yet, please do so as soon as possible!

Hydration and Jewellery

Hydration is important before, during and after swimming. Please ensure that your swimmer has a water bottle on the poolside. No fizzy drinks.



To minimise the risk of injury, no jewellery should be worn in the pool. This includes watches.

Thank you!

Thank you so much to everyone who donated towards my fundraising for the London Marathon!

I completed it a little slower than I hoped but managed to get round!

With your help, I have raised over £1850 for Asthma UK.

Tracey

(club secretary)

Swimmer of the Month



Abigail Possitt

* Well Done ***

Kit Bags and Club Tshirts

There are a limited number of kitbags available for the club-price of £20.

Contains: kick-board, pull buoy, fins, logo'd water bottle and cap plus the poolside bag.

In addition, now in stock are the new club t-shirts! Made with technical fabric, these tops are wicking and fast-drying so ideal for use by the pool while proudly displaying your Thornaby colours!

£8 - upto size 12-13

£10 - sizes 15-16 and adult sizes

Names can be added for £2

Please see Carole or Sandy on the sign-in desk for more information.

Changing Rooms

The family change areas are for younger children with their parents. Please can older swimmers use the normal changing rooms.

Parents are reminded that they are responsible for their children at all times including in the changing rooms.

Stay in touch

If you use Facebook, join the Thornaby ASC Facebook group for the latest news and updates!

Search for Thornaby Amateur Swimming Club and click 'Join'